

# ENGAGEMENT

## EPASS Administrator Module

### What is Engagement?

Engagement is the state of being occupied and involved in a task or activity.

Engagement can be observed and will vary depending on an individual's interest and satisfaction with the task or activity.

### Enhancing Quality of Life:

Quality of Life is the standard of health, comfort, and happiness experienced by an individual. Health Care Organizations are responsible for assuring a high quality of life for the individuals they serve by providing person centered care.

Key Elements of QOL & Recreation Activities

Include:

*Physical Health, Cognitive Health,  
Social Experiences, Emotional and Spiritual  
Well-being.*

Actively engaging in recreational activities of interest promotes the quality of life of older adults by:

**Honoring choice**

**Promoting individuality**

**Allowing opportunity for personal growth  
and expression**

Enhance the lives of those you serve by supporting their engagement in their favorite activities.

### Quality Improvement:

The Centers for Medicare & Medicaid Services has placed strong importance on **QAPI**, the Quality Assurance & Performance Improvement Program that aims to improve the quality of care for nursing home residents. This initiative relies on not only new approaches to enhancing services but also the collection and monitoring of data which supports and tracks an organization's efforts.

The **EPASS** provides an opportunity to participate in **QAPI** Initiatives by:

- ◆ Collecting data related to individuals involvement in their preferred activities
- ◆ Monitoring trends and changes over time

Tracking engagement in preferred leisure allows organizations to evaluate whether or not they are honoring the preferences of those that they serve and to what degree individuals are satisfied with the services they receive. The EPASS is designed to *empower* health care organizations and staff to become active participants in quality improvement initiatives.

**This tool can be used to track your progress in increasing Person Centered Care and Satisfaction.**

